

## NSS Unit V, Department of Child Health Nursing ( YNC) & Department of Women and Child Development Mangaluru Rural & CDPO Mangaluru

### Awareness Talk on breast feeding

Department of Child Health Nursing , Ynenepoya Nursing College observed World Breast feeding week 2022 in collaboration with NSS Unit V, Yenepoya Nursing College and Department of women and Child Development & CDPO Mangaluru on 4<sup>th</sup> August 2022 at Kapikad Anganwadi, Ullal. Program was inaugurated by lighting the lamp. Postgraduate students from the department of Child Health Nursing gave the awareness talk on breast feeding which included theme for the year-Step-up for Breast feeding-Educate and support, importance of breast feeding, techniques of breast feeding, role of mother and family members followed by demonstration on techniques of breast feeding. Mrs. Renita D'Souza Coordinator NSS unit V clarified the concerns raised by expectant mothers regarding breast feeding. Total 21 beneficiaries including antenatal mothers and their care takers, 2 Department faculty and 5 Post Graduate students were present. Mrs.Shankari (Supervisor CDPO Mangaluru) appreciated the effort for collaborating and educating the target population. At the end nutritional supplements were distributed to the beneficiaries.



Figure 1. Inauguration



Figure 2. Awareness talk on breast feeding