

## **Department of Mental Health Nursing, YNC**

### **REPORT ON WEBINAR- NATURE V/S NURTURE**

The Department of Mental Health Nursing, YNC organized a webinar, online via Google meet on the topic "Nature v/s Nurture" on 17 August 2020. The session was conducted with a view to gain insight into the role of genes and experiences in shaping human behavior.

The session began at 2 PM with a welcome by the organizing secretary of the program, Ms. Renita Flavia Monteiro. Mrs. Viji Prasad. C, Assistant professor, YNC introduced the resource person Dr. Raju Suresh Kumar, Assistant Professor of Medical Physiology, College of Science and Health Professions (COSHP), KSAU-HS, Jeddah, KSA. The resource person explained about the concept of nature and nurture and its influence on human behavior. The session was rich with lot of scientific evidence in terms of different research experiments and other studies in this area. Implications of environmental enrichment on the recovery of the patients along with other clinical therapies was highlighted. The session was very interactive and was concluded with a take home message "Nurturing can influence the genes and modify individual behavior, so let us stop blaming the genes."

A total of 187 delegates participated in the session including students and faculty from within and outside the institution. A positive feedback on the session was received from 161 delegates. 99% of delegates mentioned to be benefitted from the session. The session was well appreciated by all. Ms. Renita Monteiro, compered the session. As a token of gratitude, a letter of appreciation and E- certificate was sent to the resource person and delegates were awarded with E-certificate of appreciation.

YENEPOYA NURSING COLLEGE  
A CONSTITUENT COLLEGE OF YENEPOYA (DEEMED TO BE UNIVERSITY)

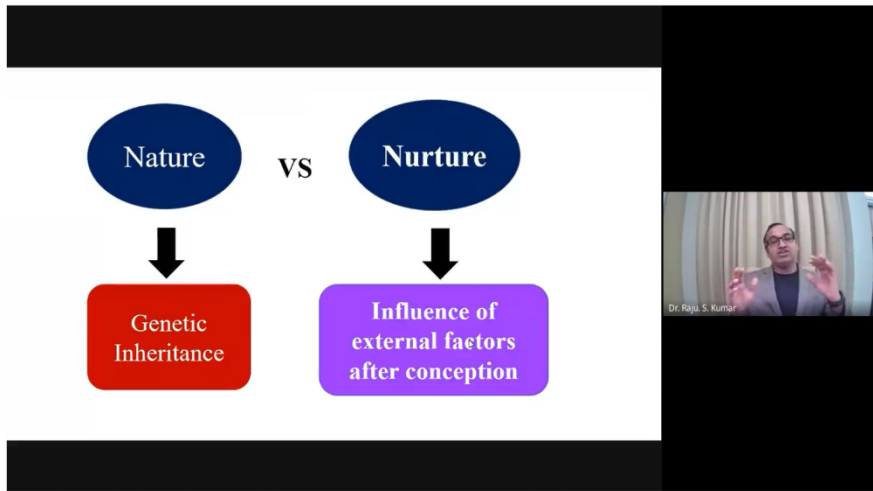
Department of Psychiatric Nursing  
Cordially welcomes you to the

WEBINAR ON  
NATURE v/s NURTURE

By  
Dr. Raju Suresh Kumar  
Assistant Professor of Medical Physiology

On 17<sup>th</sup> August 2020 , 2.00pm- 3.00pm

Dr. Raju S. Kumar



**HOD (Mental Health Nursing)**

**Principal**